



## **Fostering Human Potential**

How can we, as teachers, parents, and leaders—potentiators, create an approach that welcomes the extraordinary range of human potentials we find before us?

As I ponder this question I find myself reflecting upon the qualities of inspiring teachers and mentors who saw potential in me and with whom I have been blessed to study and work. I aspire to cultivate these qualities within myself and in my own roles as a parent, a therapist, and a teacher.

Some of these qualities that I consider important in facilitating the nurturing and fostering of human potential are: seeing the loving essence within each individual, meeting them where they are at, expressing unconditional love, having an open heart, practicing discernment, having a genuine curiosity and interest, possessing humility and empathy, passion and compassion, being trustworthy, responsible, dependable, and really, truly hearing.